# Emilias Wings

"There is no footprint so small that it does not leave an imprint on this world."

# Website

## www.emilias-wings.org

Our website includes different materials which we hope will provide support on your journey through grief and healing. We offer a variety of resources including eBooks, list of supporting organizations, reading material, music selections, and more.

Be sure to check out our Forget-Me-Not page, an online memorial dedicated to the children that live on in our hearts.

#### Facebook

## facebook.com/EmiliasWings/

Stay up-to-date on projects, special events, and programs by liking us on Facebook!

# **Contact Us**

#### info@emilias-wings.org

You need not walk alone. Together we can make it! Feel free to reach out by email.



# December 2024 Newsletter

We welcome you all to Emilia's Wings. To all who are newly bereaved, we know how devastated you are. You are not alone in your grief. We have been in the depths of despair and we are here to help you with unconditional love and understanding. We hope this newsletter will help you while you navigate grief and provide additional resources on your journey. If you know someone who would find our resources helpful, please direct them to our website at <a href="https://www.emilias-wings.org">www.emilias-wings.org</a> and to our <a href="https://www.emilias-wings.org">BLOOM</a> monthly meetings.

# November in Review

BLOOM held our November support group meeting last month at North Kansas City Public Library. Thank you to all that attended. Your presence at our meetings and the experiences you share give other parents moments to connect and empathize with those in the group. We value you and are so thankful to have you all a part of our monthly meetings!

# Looking Toward December

The Holidays are often thought of as joyful times of the year, but

# **DATES & EVENTS**

# **BLOOM**

Holiday Candlelight Ceremony December 5th @ 7:00 - 8:15 pm

Kansas City Northland Support Group - Meetings are held every first Thursday of each month.

North Kansas City Public Library 2251 Howell St. North Kansas City, MO 64116

# **OTHER**

# **Donations**

-Donations can be sent & made payable to Emilia's Wings at: 10637 N. Holmes St Kansas City, MO 64155 they can be incredibly painful when you are celebrating the season without your baby.

This December, we will gather for a Holiday Candlelight Ceremony. The act of lighting a candle in honor of those who have passed is a centuries old tradition that allows us to express what we cannot communicate with words. By lighting a candle for our babies, we remember and honor their lives and their memories. This year's ceremony will take place on **Thursday**, **December 5th from 7:00-8:15pm**. Our meeting will wrap up a little earlier than our average meeting to allow for teardown.

A gentle reminder that at this meeting, members are allowed to bring their household with them. Several new faces may be joining us this night, so guests of ALL ages (including infants, rainbow children, pregnant women, & other miscellaneous triggers) may be present.

North Kansas City Public Library has a no flame policy, so leave your candles at home. Instead, we will have a flameless candlelight ceremony. LED candles will be provided.

We do ask that each family bring a dessert or appetizer to share with everyone who is in attendance. If you have yet to RSVP, please reach out to Charmel so she may plan accordingly.

#### **Christmas Card Collection in Honor of Our Babies**

This holiday season, we invite you to join us in honoring the cherished memories of our little ones by bringing Christmas cards, letters, or drawings to the next support group meeting (our December Holiday Candlelight) to stuff our angel baby stockings.

Your heartfelt contributions will be saved to be opened Christmas Eve/Day in honor of all our babies, filling this season with love, remembrance, and the warmth of our shared community. Whether it's a message of love, a favorite holiday thought, or a creative drawing, your words and creations will help us celebrate their lives and the joy they brought.

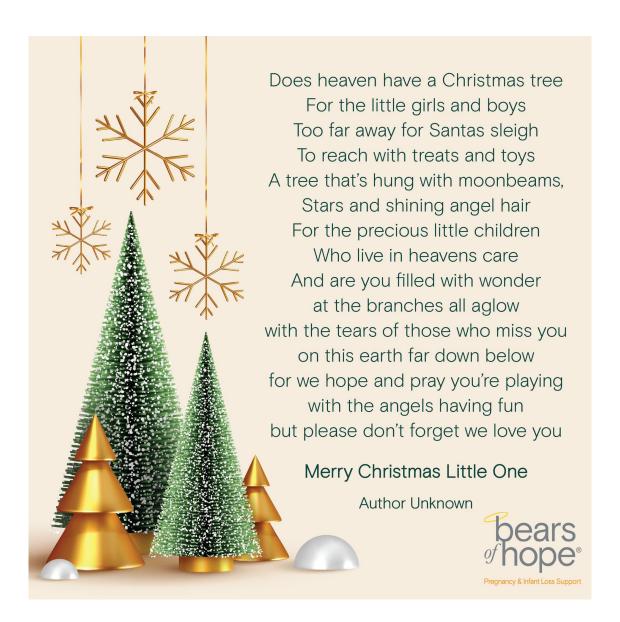
Thank you for helping us create a meaningful way to honor our babies during this special time of year.

If you would like to take part in our Christmas Card Collection,

please reach out to Charmel to let her know you will be present at our December meeting and to provide you with a list of the baby names who will also be participating in this fun and unique Christmas activity.

# Inclement Weather

It's that time of year again when the weather can be unpredictable, sometimes making gathering for our monthly BLOOM meetings unsafe. Just a reminder that BLOOM follows North Kansas City School Districts' severe weather procedures. In the event that North Kansas City Schools are canceled due to weather conditions, our BLOOM meetings will also be cancelled for the evening. I will utilize text and email to update you all on cancelled gatherings with as much advanced notice as possible.



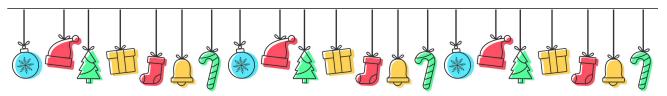
# We extend our most sincere sympathy to those who have recently lost a child.

Please know that we are thinking of you and share in your hurt and sorrow

# This December we Remember...

Grauberger Baby #1 - December 1990 Grauberger Baby #2 - December 1991 Baby Siren - December 1998 Baby Bliss - December 2002 Baby Jacob - December 2006 Baby Walker-Troxler - December 1, 2006 Margaret Ann - December 4, 1975 **Dillon Joseph** - December 6, 1993 William Henry Johnson - December 13, 2007 Levi Michael Alley - December 13, 2016 Victoria Sage Lambert - December 15, 2016 Baby Nichols - December 19, 2001 Meagen Irene - December 21, 2006 Madeline - December 22, 2015 **Asa Timothy** - December 25, 2012 Elizabeth - December 27, 2003 Marissa Ann - December 28, 1994 Gavin Cole - December 31, 2002

To have your baby's name added to our remembrance list, please fill out the Forget-Me-Not submission form on our website. This form can be found on our <u>Forget-Me-Not</u> page.



My Wish For Christmas After Child Loss

By Kelly Cote

My wish for Christmas is that you know how much I love you. Wherever you are, I hope my love surrounds you.

I want you to know you're special to me and that I'm grateful to have had you. That you know the place as my firstborn will always be yours.

I wish for you to feel the depth of my love for you.

For Christmas, I wish that you're not alone. So, I imagine a beautiful celebration with all of your friends who also left their families too soon. I envision you surrounded by family who gives you the magical Christmas that I long to give you on earth.

I hope you can see the tiny tree placed next to your urn and the candle we light just for you. For you know you're not forgotten would mean everything to me.

I pray that you're proud of me and see I'm better because of you.

My wish is to hold you one more time and to whisper "I love you" in your ear. I'd give anything to see you again, to watch you open your eyes, to hear you call me "Mommy."

For Christmas, I just want one more moment with you. However, I know that can't happen. Therefore, I'll settle to know we will be reunited when my time on earth is done. I want to know you will wait for me there and that once we're together, you won't leave me again.

I wish that your brother and sister got to know you. That you could play with them and teach them things that only big brothers know. I wish I could hold all my children in my arms and that our family could be whole again.

This Christmas I hope all the grieving families can feel the love of their children and that no child is forgotten.

I wish people say your name. That all the missing children's names are said because that is the best gift of all.

I wish that no other children have to die. That no other families have to hang a stocking in memory of their child, knowing that it won't be filled.

I wish that people start acknowledging the children who have passed away. That the world can stop silencing child loss. I wish that nobody feels alone on this journey.

This Christmas, I wish it's as gentle as it can be.

That the toys I donate in your honor bring joy to others.

I wish for peace and comfort for every grieving family.

I wish all the children are remembered and their families to know they are not alone.