

# Emilia's Wings

"There is no footprint so small that it does not leave an imprint on this world."

## Website

[www.emilias-wings.org](http://www.emilias-wings.org)

Our website includes different materials which we hope will provide support on your journey through grief and healing. We offer a variety of resources including eBooks, list of supporting organizations, reading material, music selections, and more.

Be sure to check out our Forget-Me-Not page, an online memorial dedicated to the children that live on in our hearts.

## Facebook

[facebook.com/EmiliasWings/](https://facebook.com/EmiliasWings/)

Stay up-to-date on projects, special events, and programs by liking us on Facebook!

## Contact Us

[info@emilias-wings.org](mailto:info@emilias-wings.org)

You need not walk alone. Together we can make it! Feel free to reach out by email.

# HAPPY VALENTINE'S DAY!



## February 2025 Newsletter

We welcome you all to Emilia's Wings! To all who are newly bereaved, we know how devastated you are. You are not alone in your grief. We have been in the depths of despair and we are here to help you with unconditional love and understanding. We hope this newsletter will help you while you navigate grief and provide additional resources on your journey. If you know someone who would find our resources helpful, please direct them to our website at [www.emilias-wings.org](http://www.emilias-wings.org) and to our **BLOOM** monthly meetings.

### *January in Review*

Members of BLOOM met at North Kansas City Library for our January meeting.

## DATES & EVENTS

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### BLOOM

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February 6th @ 7:00 pm-8:30 pm

Kansas City Northland Support Group - Meetings are held every first Thursday of each month.

North Kansas City Public Library  
2251 Howell St.  
North Kansas City, MO 64116

### OTHER

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### Donations

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-Donations can be sent & made payable to Emilia's Wings at:  
10637 N. Holmes St.  
Kansas City, MO 64155

### *Special Announcement*

Congratulations to Lili Callahan and Fiancé, Lucas, on the arrival of their son, Lachlan George Clay! Born on January 26, 2025 - weighing 6lbs, 9oz and measuring 20.25 inches long.

We are so happy for your family! Continued thoughts to all as you love on your sweet addition. May you feel big sister, Lydia's presence during this special time!



### *Looking Toward February*

Please join us for our February BLOOM meeting on Thursday, February 6th from 7:00-8:30 pm at NKC Public Library. If you plan on attending, please text or email me (Charmel) as I am planning a craft for the evening and will need to arrange supplies for everyone in attendance. Our craft will kick off and introduce this year's new theme.

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### **\*\*NOTICE OF MEETING DATE CHANGE\*\***

Due to a scheduling conflict, I will need to reschedule our May Mother's Day Tea from the 1st Thursday of the month to the 3rd Thursday of that month. May's BLOOM meeting will now be held on Thursday, May 15th. Meeting times will remain the same.

Thank you for your understanding.



### *Inclement Weather*

It's that time of year again when the weather can be unpredictable, sometimes making gathering for our monthly BLOOM

meetings unsafe. Just a reminder that BLOOM follows North Kansas City School Districts' severe weather procedures. In the event that North Kansas City Schools are canceled due to weather conditions, our BLOOM meetings will also be cancelled for the evening. I will utilize text and email to update you all on cancelled gatherings with as much advanced notice as possible.

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*We extend our most sincere sympathy to those who have recently lost a child.*

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Please know that we are thinking of you and share in your hurt and sorrow

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### *This February we Remember...*

**Baby Mason** - February 1990  
**Baby Crisman** - February 1995  
**Ilyse** - February 1996  
**Baby Byrd** - February 2002  
**Karson Wright** - February 1, 2006  
**Levi Lewis** - February 1, 2008  
**Nicholas Daniel Burford** - February 2, 1993  
**Hope** - February 2, 2013  
**Lydia Elaine Clay** - February 9, 2024  
**Luke Thomas** - February 10, 1996  
**Braydon Richard** - February 10, 2015  
**Baby Waldschmidt** - February 13, 1995  
**Noah Beckett** - February 13, 2023  
**Katie Beth** - February 14, 2002  
**Alexis Marie Lee** - February 14, 2020  
**Nathan Richard** - February 18, 1988  
**Santana Rhyatt Leann Grippando** - February 18, 2021  
**Sara Chesney** - February 19, 2004  
**Natalie Nicole** - February 20, 2001  
**Gabriel** - February 22, 1989  
**Baby Dunning** - February 23, 2016  
**Baby Clough** - February 25, 2021  
**Baby Barnes** - February 27, 2013

*To have your baby's name added to our remembrance list, please fill out the Forget-Me-Not submission form on our website. This form can be found on our [Forget-Me-Not page](#).*



### *A Trying Time: Honoring Pregnancy Loss This Valentine's Day - By Dr. Hannah Coysb*

The season of love brings mixed emotions for those grieving miscarriage. Valentine's Day decorations of sweethearts and roses surround us, contrasting sharply with inner sadness. Approximately 1 in 4 pregnancies ends in loss - yet discussing this remains difficult. We encapsulate miscarriage grief as disenfranchised, believing those impacted should suffer silently lest they dampen the mood.

This misses the mark tremendously. When pregnancy ends, so too do nuanced dreams about what this baby would mean in a family's life. Partners grieve their unborn child as well. Miscarriage grief is a form of bereavement, though frequently minimized. Isolated in sadness, many women chastise themselves for not attaining the motherhood status Valentine's Day imagery celebrates.

Those struggling need compassion. We must make space for them to express loss openly, validating their baby's worth. Though chromosomal factors cause most early miscarriages randomly, self-blame haunts.

Journaling, memorial rituals and professional support can all help reconcile complex emotions. Hearing others' stories may alleviate isolation. As more celebrities share miscarriage experiences, I am hopeful that stigma will slowly abate. When we discuss loss candidly, we deny outdated notions that it results from personal failure or an inability to cope.

This Valentine's Day, practicing compassion for those struggling with reproductive loss embodies the holiday's spirit of love. We all have a role here - listening sensitively, challenging stale assumptions that delegitimize grief. Miscarriage bereavement deserves ample time for healing. In practicing radical openness, we progress as a society. No one needs to suffer loss - reproductive or otherwise - alone. Collectively, may we honor profound grief this season finds so at odds with its ethos. We owe that validation to the women, couples and families needing our compassion most.